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Module Code:	SES503
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Module Title:	Applied Practice Placement Module
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Level:	5	Credit Value:	20
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Cost Centre(s):	GASP	JACS3 code:	C813
		HECoS code:	100499

Faculty	FSLS	Module Leader:	Tom King
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Scheduled learning and teaching hours	3 hrs
Placement tutor support	24 hrs
Supervised learning eg practical classes, workshops	3 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total contact hours	30 hrs
Placement / work based learning	120 hrs
Guided independent study	50 hrs
Module duration (total hours)	200 hrs

Programme(s) in which to be offered (not including exit awards)	Core	Option
BSc (Hons) Applied Sport and Exercise Sciences	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Pre-requisites
None

Office use only	
Initial approval: 01/04/2020	Version no: 1
With effect from: 28/09/2020	
Date and details of revision:	Version no:

Module Aims

The aims of this module are to develop an understanding of organisation structures within a Sport and Exercise setting. Students will gain insight into interpersonal relationships, team cohesion and methods of operation in a placement setting. The module aims to develop a critical understanding of evidence based practice.

Module Learning Outcomes - at the end of this module, students will be able to

1	Engage effectively within a sport and exercise setting.
2	Reflect upon the learning experience and deployment of subject-specific skills within a sport and exercise environment.
3	Evaluate personal and professional skills required to work within a sport and exercise setting.
4	Develop professional competencies to operate effectively within the working environment.

Employability Skills The Wrexham Glyndŵr Graduate	I = included in module content A = included in module assessment N/A = not applicable
CORE ATTRIBUTES	
Engaged	I
Creative	I, A
Enterprising	I
Ethical	I, A
KEY ATTITUDES	
Commitment	I, A
Curiosity	I, A
Resilient	I, A
Confidence	I, A
Adaptability	I
PRACTICAL SKILLSETS	
Digital fluency	A
Organisation	I, A
Leadership and team working	I, A
Critical thinking	I, A
Emotional intelligence	I, A

Employability Skills The Wrexham Glyndŵr Graduate	I = included in module content A = included in module assessment N/A = not applicable
Communication	I, A
Derogations	
None	

Assessment:			
Indicative Assessment Tasks:			
Written Report Students will write a written report summarising development and experiences on their work placement. Evidence of engagement in placement will need to be provided, as well as a reflection of current skills and future direction for skill development for working within their chosen sport or exercise setting.			
Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1,2,3,4	Report	100%

Learning and Teaching Strategies:
The module will be delivered through a series of lectures, workshops and seminars. Typically, the delivery will be 1-hour lecture and 1-hour workshop/seminar, where practical activities may be undertaken with reference to contemporary theory. All students will be expected to participate in workshops and group work. Various methods of formative and summative assessment will take place within the module to facilitate learning.

Syllabus outline:
<ul style="list-style-type: none"> • BASES Supervised Experience Competencies (Professional Practice Guidelines). • BASES Code of Conduct – (e.g. identifying the client, confidentiality, working within own competencies and boundaries). • Models of Support in the performance environment – e.g. (Scientific rigour, reflective and evidence based practice in performance environment). • Organisational structures, groups/norms, role-clarity and communication patterns with athletes. • The roles of practitioners in the performance environment (eg, performance directors, managers, coaches, athletes, psychologists, strength & conditioners, performance analysts, physiotherapists etc). • Skill Development • Communication within the applied environment

Syllabus outline:

- Performance Evaluation
- Reflective Practice

Indicative Bibliography:**Essential reading**

Helyer, R. (2015). *Work-Based Learning Student Handbook*. 2nd ed. London: Palgrave Macmillan.

Contemporary professional practice articles will be drawn upon from a range of sport, coaching & exercise journals (such as Journal of Sports Sciences, The Sport Psychologist etc.).

This module will follow current professional practice guidelines as provided by:
BASES (British Association of Sport & Exercise Sciences) <http://www.bases.org.uk/>
BPS (British Psychological Society) <http://www.bps.org.uk/>
Sport Wales <http://www.sportwales.org.uk/>
English Institute of Sport <http://www.eis2win.co.uk>

Other indicative reading

Collins D. Moore P. Mitchell D. and Alpress F. (1999), 'Role conflict and confidentiality in multidisciplinary athlete support programmes' *British Journal of Sports Medicine*, 33 (3), pp. 208-211.

Hill, K.L. (2001), *Framework for Sport Psychologists: Enhancing Sport Performance*. Champaign. IL: Human Kinetics.

Megginson, D. (2003), *Continuing Professional Development*. London: Chartered Institute of Personnel and Development.